Health

The Dr. Axe Show Josh Axe

Elite Man Podcast Justin Stenstorm

Found My Fitness Podcast Rhonda Patrick

<u>Hurdle</u> Emily Abbate

Nutrition Matters Podcast Paige Smathers

Peace with Endo Podcast Aubree Deimler

Revolution Health Chris Kresser

The Doctor's Farmacy Mark Hyman

The Intermittent Fasting Podcast Melanie Avalon

The Mindbodygreen Podcast Jason Wachob

The Nutrition Diva's Quick and
Dirty Tips for Eating Well and
Monica Reinagel

Feeling Fabulous

The Rich Roll Podcast Rich Roll

The School of Greatness Lewis Howes

The Welness Mama Podcast Katie Wells





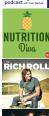
















<u>40+ fitness Podcast</u> Allan Misner

Bulletproof Radio Dave Asprey

The Goop Podcast Gwyneth Paltrow, Elise Loehnen

The Mindvalley Podcast Vishen Lakhiani

Mental Health Foundation Podcast Various speakers

<u>Ted Talks Health Podcast</u> Various speakers



Longevity

<u>Live Long and Master Aging</u> Peter Bowes

Rejuvenation Roundup Podcast Ryan O'Shea

Super Human Radio Carl Lanore

<u>The Get Over Yourself Podcast</u> Brad Kearns

<u>The Peter Attia Drive</u> Peter Attia, MD

Wild Health Podcast Mike Mallin

<u>In Our Time, Ageing</u> Melvynn Bragg

Make an Impact Show Fab Giovanetti







wild health.





Technology

Lex Fridman AI Podcast with Lex

A16z Podcast Andreessen Horowitz

Healthcare Tech Talk- Exploring how technology can help meet the Terry Baker

challenges in Healthcare

Recode Decode Podcast Kara Swisher

Reset Podcas Arielle Duhaime-Ross

Manoush Zomorodi Ted Radio Hour

Luke Timmerman The Long Run Podcast

Myke Hurley and Casey Liss Analog(ue)

Jordan Erica Webber Chips with Everything

Data Sceptic Kyle Polich

Kevin M. Folta; Paul Vincelli Talking Biotech

The Digital Human Aleks Krotoski

The Wired Podcast James Temperton

BBC journalists Let's Talk About Tech

The AI Podcast Various speakers









<u>Ted Talks Technology</u> TEDx speakers



WSJ's Future of Everything Team of WSJ journalists

General		
Beyond the To-Do List	Erik Fisher	BEYOND #TO-DO LIST
Duct Tape Marketing	John and Jenna Jantsch	MARKETING ING. MATERIAL MARKETING PODCAST
Entrepreneurs on Fire	John Lee Dumas	On Five
Get Busy Living Podcast	Benny Hsu	GET BUSY LIVING
The Happiness Lab	Dr. Laurie Santos	HAPPINESS
The Life Stylist Podcast	Luke Storey	LIFE STYLIST
The Science of Success	Matt Bodnar	SCIENCE SUCCESS
The FOMO Sapiens	Patrick McGuiness	FOMO Sapiens with Patrick J. McGinnis
Exponential Wisdom	Peter Diamandis & Dan Sullivan	Increasing Abundance & Exponential Technologies EXPONENTIAL WISDOM
Guy Kawasaki's Remarkable People	Guy Kawasaki	REMARKABLE DEGS S
The Joe Rogan Experience	Joe Rogan	TARRIENCE
The Tim Ferris Show	Tim Ferris	FERRISS SHOW
The Tony Robbins Podcast	Tony Robbins	TONY

<u>CHI Podcasts</u> Cambridge Healthtech specialists

PODCASTS

GOOD

GIFE

PRIEC

Good Life Project Podcast Various speakers

	Notation	[KAEC]	
	Nutrition		
Best for Nutrition Know-How: Food for Thought	Rhiannon Lambert	THOUGHT	
Creating a New Healthcare	Zeev Neuwirth	Creating a New HEALTHCARE	
Digital Health Section podcast	Mala Mawkin	Digital Health Section Podcast	Į
Doctor's Kitchen Podcast	Rupy Aujla	The Doctor's Kitchen Podcast Eat to best library	
<u>Happier</u>	Gretchen Rubin	HAPPIER GRETCHEN RUBIN	
The Fit and Fearless Podcast	Tally Rye	FIT & FEARLESS	
The Food Medic Podcast	Hazel Wallace	PODCAST No Chast Refere	
The Power Hour Podcast	Adrienne Herbert	POWER HOUR	
Your Dream Life	Kristina Karlsson	POUR DREAM LIFE	