

1

VITAMIN D3

Vitamin D is essential for several reasons, including maintaining healthy bones and teeth



HELPS



support immune and nervous system health

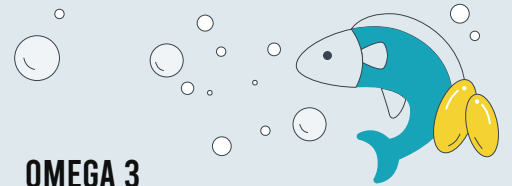


regulate insulin levels

2

OMEGA 3

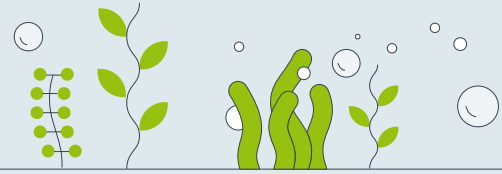
- contains essential fatty acids
- strengthens the vascular system
- reduces cholesterol



4

SEAWEED

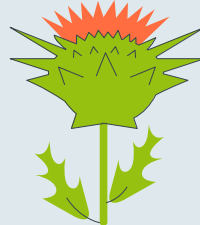
Supports thyroid function and helps to detox



3

MILK THISTLE

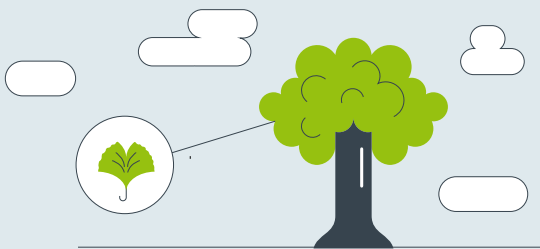
Milk thistle has been shown to possess antioxidant and anti-inflammatory properties. It supports liver and bone health



6

GINKGO BILOBA

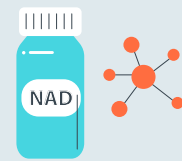
Reduces inflammation and helps improve cognitive function



5

NAD+

Makes sirtuin proteins work, i.e. protects cells from age-related decline; improves memory



7

FIBER

Studies suggest that increasing your dietary fiber intake is associated with a reduced risk of dying from cardiovascular disease and all cancers



8

MAGNESIUM

Aging is often associated with chronic magnesium deficiency

HELPS



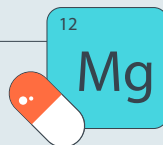
promote bone health



lower risk of type 2 diabetes



improve cardiovascular health



9

GARLIC CONCENTRATE

Be aware that modern processing methods preserve the benefits of garlic while reducing the odor

HELPS



improve cardiovascular health



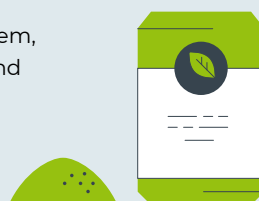
fight fungal and microbial infections



10

GREEN POWDER

Boosts the immune system, reduces inflammation and detoxifies the body



WARNING: CONSULT WITH YOUR DOCTOR BEFORE TAKING ANY SUPPLEMENTS